

# April 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Cheer on a teammate.	3 Help someone learn.	4 Drink more water.	5 Plant a tree.	6 Say something nice to someone.	7
8	9 Put gas in someone's car.	10 Be generous with compliments.	11 Bake someone a cake.	12 Help a coworker or classmate.	13 Share an inspiring quote.	14
15	16 Visit someone who is lonely.	17 Leave a positive comment on a website or blog.	18 Give a prepaid phone card to someone who needs it.	19 Write a thank you note.	20 Be polite on the road.	21
22	23 Be spontaneous.	24 Forgive someone.	25 Thank your employees.	26 Volunteer at a community garden.	27 Clean your room.	28
29	30 Eat a healthy snack.					